



Astrology and Life Events: Exploring Patterns and Personal Beliefs

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Submission: 24.03.2026. Accepted: 12.06.2026. Publication : 16.08.2026

Abstract

Astrology has historically been used to interpret important life events, personal transitions, relationships, career developments, and perceived patterns in human experience. In contemporary society, individuals may consult horoscopes, birth charts, planetary forecasts, and digital astrology platforms when reflecting on significant events or uncertain periods. This paper explores astrology and life events by examining personal beliefs, birth charts, perceived patterns, major transitions, relationships, career experiences, uncertainty, cultural traditions, digital astrology, and critical perspectives. Astrological interpretations may provide individuals with narratives through which they organize memories, interpret experiences, and find personal meaning. Some people may perceive connections between planetary movements and events in their lives, while others consider astrology primarily entertainment or cultural tradition. The paper distinguishes these subjective perceptions from scientifically established causal relationships. Life events are shaped by complex interactions among personal choices, social conditions, economic circumstances, biological factors, chance, and broader environmental influences. Astrology has not been established as a reliable method for predicting such events. A balanced perspective can therefore recognize the cultural and reflective significance of astrology while encouraging critical thinking and evidence-based decision-making.

Keywords

Astrology; Life Events; Personal Beliefs; Birth Charts; Horoscopes; Planetary Cycles; Self-Reflection; Uncertainty; Cultural Beliefs

Introduction

People frequently seek explanations for important events and transitions in their lives. Marriage, career changes, relocation, education, financial developments, personal achievements, and unexpected difficulties can lead individuals to reflect on why events occurred and what they may mean.



Astrology provides one traditional framework for interpreting such experiences. Birth charts, planetary positions, zodiac signs, and astrological cycles may be used to construct narratives about the timing and meaning of life events.

In modern society, astrology is accessible through consultations, books, websites, mobile applications, and social media. This accessibility allows individuals to explore astrological interpretations at almost any stage of life.

The perceived relationship between astrology and life events can be influenced by personal beliefs, cultural traditions, memory, and the human tendency to identify patterns. These factors make astrology an interesting subject for cultural and social research.

This paper explores astrology and life events through nine dimensions: birth charts, perceived patterns, major transitions, relationships, career, uncertainty, cultural beliefs, digital astrology, and critical perspectives.

1. Astrology as a Framework for Understanding Life Events

Astrology provides symbolic interpretations through which individuals may organize experiences and think about important events. Horoscopes and birth charts can be used to describe periods that astrologers consider significant or challenging.

For individuals who believe in astrology, these interpretations may provide a sense of coherence or meaning. They may compare astrological descriptions with events that have already occurred.

The interpretive nature of astrology means that different people may assign very different meanings to similar life experiences.

2. Birth Charts and Personal Life Patterns

Birth charts are commonly used to create individualized astrological narratives. Astrologers may examine planetary positions, houses, signs, and aspects when discussing relationships, career, personal development, or major transitions.

Individuals may perceive connections between chart interpretations and events in their lives. This can strengthen the personal significance of astrology and encourage further reflection.

Such perceived patterns do not establish that celestial positions cause life events. Personal experiences should be distinguished from scientifically demonstrated relationships.

3. Perceived Patterns and Meaning-Making

Humans naturally look for patterns in events and experiences. Astrology provides a structured symbolic system that can make patterns appear meaningful, particularly when individuals encounter several important events within a period of time.



Astrological interpretations may help people construct narratives about change and personal development. This meaning-making process can be personally significant even when the underlying astrological relationship has not been scientifically established.

Critical reflection is important because people may remember confirming experiences more strongly than experiences that do not fit an astrological prediction.

4. Astrology and Major Life Transitions

Astrology is sometimes consulted during major transitions such as marriage, career changes, relocation, education, or the beginning of new projects. Individuals may seek guidance about timing or perceived opportunities.

The practice may provide emotional structure during uncertain periods and encourage people to think about their priorities and expectations.

Major life decisions also depend on practical considerations such as finances, qualifications, relationships, health, safety, and available opportunities. These factors should remain central to responsible decision-making.

5. Astrology and Relationships

Relationship events are frequently discussed through astrology. Individuals may use zodiac compatibility, birth charts, or planetary interpretations to reflect on romantic relationships, marriage, friendship, and interpersonal changes.

Astrology may provide a shared language for discussing expectations, personality differences, and relationship experiences. It can also become part of family or cultural traditions surrounding relationships.

Relationship outcomes are influenced by communication, trust, values, behaviour, and circumstances. Astrological interpretations should therefore not be treated as reliable predictors of relationship success.

6. Astrology and Career and Professional Events

Career developments such as employment, promotion, entrepreneurship, job changes, or professional difficulties may be interpreted through astrology. Some individuals consult astrological forecasts when considering professional timing.

Such interpretations may encourage reflection on career goals, confidence, and future possibilities. They can also provide a narrative for understanding periods of change.

Professional outcomes depend on skills, qualifications, experience, organizational conditions, economic trends, and individual choices. Astrology should not replace practical career planning or evidence-based assessment.



7. Astrology, Uncertainty, and Personal Beliefs

Uncertainty often motivates people to seek frameworks that help them understand possible future outcomes. Astrology can provide a structured narrative that some individuals perceive as reassuring or informative.

Personal belief strongly influences the importance assigned to astrological predictions. Individuals with stronger beliefs may be more likely to use astrology when interpreting important events.

Beliefs can provide meaning, but they can also influence expectations. Maintaining independent judgement is important when predictions concern major personal decisions.

8. Cultural Traditions and Digital Astrology

Astrology is embedded in diverse cultural traditions. In some communities, astrological interpretations may be associated with ceremonies, marriage, important dates, or family decision-making.

Digital technology has expanded these practices through automated birth charts, mobile applications, social media, and online astrology communities. Users can easily compare predictions with events occurring in their lives.

Digital platforms may encourage frequent engagement and simplified interpretations. Users should therefore evaluate the purpose and reliability of online astrology content.

9. Critical Perspectives and Future Research

Scientific research has not established astrology as a reliable method for predicting life events. Events are influenced by complex interactions among individual choices, social structures, economic conditions, biology, environment, and chance.

Astrology can nevertheless be studied as a cultural and psychological phenomenon. Future research could examine how people use astrology to construct meaning, cope with uncertainty, remember important events, and develop personal narratives.

A balanced perspective recognizes the cultural and reflective significance of astrology while distinguishing personal belief from scientifically supported explanations of life events.

Illustration

The following illustration presents astrology as a symbolic framework that some individuals use to interpret life transitions, personal beliefs, and perceived patterns. It is not a scientific model for predicting life events.

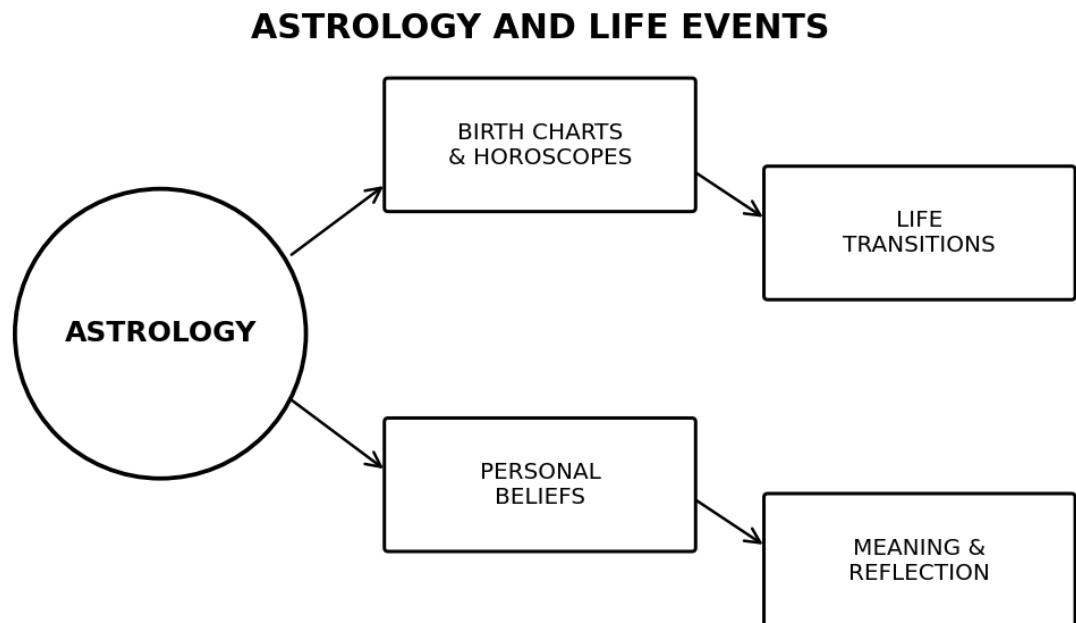


Figure 1. Astrology, life events, personal beliefs, and meaning-making.

Conclusion

Astrology continues to influence how some individuals interpret important life events and personal transitions. Birth charts, horoscopes, planetary cycles, and zodiac interpretations can provide symbolic narratives that help people organize experiences and reflect on perceived patterns.

Its significance is shaped by personal beliefs, cultural traditions, social interaction, and the growing accessibility of digital astrology. For some people, astrology can provide a sense of meaning or reassurance during uncertain periods.

However, perceived connections between planetary positions and life events should not be treated as scientifically established causal relationships. Responsible interpretation requires awareness of alternative explanations and practical circumstances. Astrology can be understood as a cultural and reflective practice while evidence-based information remains essential for important life decisions.

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